

Libby's Kitchen Menu (Mar.2020 / 2020年3月)

School : _____

Student: _____

Total Meal : _____

Parent's Contact: _____

Total Amt : _____

		Mon. 2	Tue. 3	Wed. 4	Thur. 5	Fri. 6
Week 1	A	Steamed Dumplings 鸡肉蔬菜蒸饺	Teriyaki Chicken 照烧鸡	Stir Fried Beef w/Onion 洋葱炒牛肉	Teriyaki Salmon 照烧三文鱼	Riceball w/Shreded Pork 海苔肉松饭团
	B	Vegetable Fried Noodle 素炒面	Egg Salad Sandwich 鸡蛋沙拉三明治	Chick Peas in Tomato Sauce 茄汁鹰嘴豆	Teriyaki Tofu 照烧豆腐	Braised Boiled Egg 卤香鸡蛋
	C	Ham Fried Rice 扬州炒饭	Beef Fried Noodles 牛肉炒面	Spaghetti w/ Meat sauce 番茄肉酱意面	Chicken Fried Noodles 鸡肉炒面	Mushroom & Bacon Pasta 蘑菇培根奶油意粉
	D	Spaghetti w/ Meat sauce 番茄肉酱意面	Korean Beef Bibimbap 韩式牛肉拌饭	Chicken Pineapple Fried Rice 鸡肉菠萝炒饭	Ham Fried Rice 扬州炒饭	Sweet & Sour Meatball 糖醋丸子
		Mon. 9	Tue. 10	Wed. 11	Thur. 12	Fri. 13
Week 2	A	Chicken Tenders&Fries 麦香鸡柳条&薯条	Curry Chicken 咖喱鸡	TW Style Braised Pork 卤肉饭	Chicken Leg w/bone & Corn 香烤鸡腿&玉米	Bacon Mac & Cheese 培根芝士通心粉
	B	Cheese Stick&Fries 芝士条&薯条	Teriyaki Tofu 照烧豆腐	Tofu Ball 豆腐丸子	Vegetable Fried Noodle 素炒面	Mac&Cheese 芝士通心粉
	C	Ham Fried Rice 扬州炒饭	Tuna Sandwich 吞拿鱼沙拉三明治	Chicken Fried Rice 鸡肉炒饭	Bacon Mac & Cheese 培根芝士通心粉	Stir Fried Pork&Veggies 鱼香肉丝
	D	Beef Fried Noodles 牛肉炒面	Spaghetti w/ Meatsauce 番茄肉酱意面	Japanese Beef Fried Noodle 牛肉日式炒面	Sweet&Sour Pork 咕咾肉	Chicken Fried Noodle 鸡肉炒面
		Mon. 16	Tue. 17	Wed. 18	Thur. 19	Fri. 20
Week 3	A	TW Style Braised Chicken 三杯鸡	Sweet & Sour Meatball 糖醋丸子	Dry Shredded Pork Sandwich 肉松三明治	Teriyaki Chicken 照烧鸡	Riceball w/ Shreded Pork 海苔肉松饭团
	B	Vegetable Fried Noodle 素炒面	Cheese Stick Wrap 芝士卷	Braised Boiled Egg 卤香鸡蛋	Teriyaki Tofu 照烧豆腐	Vegetable Rice Ball 海苔蔬菜饭团
	C	Spaghetti w/ Meat sauce 番茄肉酱意面	Beef Taco 墨西哥牛肉卷	Ham Fried Rice 扬州炒饭	Spaghetti w/ Meat sauce 番茄肉酱意面	Chicken Fried Rice 鸡肉炒饭
	D	Chicken Pineapple Fried Rice 鸡肉菠萝炒饭	Mushroom & Bacon Pasta 蘑菇培根奶油意粉	Beef Fried Noodles 牛肉炒面	Beef Fried Rice 牛肉炒饭	Stir Fried Pork&Corn 肉末炒玉米
		Mon. 23	Tue. 24	Wed. 25	Thur. 26	Fri. 27
Week 4	A	Stir Fried Chicken&Baby Corn 玉米笋炒鸡丁	Korean Beef Bibimbap 韩式牛肉拌饭	Pork Chop in Tomato Sauce 茄汁猪扒	Chicken Wrap 鸡肉卷	BBQ Pork 叉烧饭
	B	Braised Mushroom 三杯蘑菇	Egg Salad Sandwich 鸡蛋沙拉三明治	Chick Peas in Tomato Sauce 茄汁鹰嘴豆	Braised Tofu 红烧豆腐	Braised Boiled Egg 卤香鸡蛋
	C	Beef Fried Rice 牛肉炒饭	Chicken Fried Noodle 鸡肉炒面	Mushroom & Bacon Pasta 蘑菇培根奶油意粉	Beef Fried Noodles 牛肉炒面	Chinese Sausage Fried Rice 腊肠什锦炒饭
	D	Bacon Mac & Cheese 培根芝士通心粉	Spaghetti w/ Meatsauce 番茄肉酱意面	Riceball w/ Shreded Pork 海苔肉松饭团	Chicken Pineapple Fried Rice 鸡肉菠萝炒饭	Ham Sandwich 火腿鲜蔬三明治
		Mon. 30	Tue. 31	Wed.	Thur.	Fri.
Week 5	A	Stir Fried Pork&Veggies 鱼香肉丝	Teriyaki Chicken 照烧鸡	April	April	April
	B	Riceball w/ Shreded Pork 海苔肉松饭团	Teriyaki Tofu 照烧豆腐			
	C	Vegetable Rice Ball 海苔蔬菜饭团	Mushroom & Bacon Pasta 蘑菇培根奶油意粉			
	D	Bacon Mac & Cheese 培根芝士通心粉	Korean Beef Bibimbap 韩式牛肉拌饭			

Lunch served with seasonal vegetable and rice (except for noodle & fried rice item).

Libby's Hot Lunch Registration Form



Libby's Kitchen is a hot lunch provider dedicating in preparing delicious hot lunch meals for children. We aim to provide delicious food and excellent service to elementary schools and daycare centers. We offer Daily Hot Lunch Program and School Hot Lunch Program to serve the demand of different school and organization. Our menu is carefully designed in compliance with *The Guidelines for Food and Beverage Sales in BC & School Meal* and *School Nutrition Program Handbook* to ensure nutrients intake and food variation. For more information, please visit libbyskitchen.ca or contact us.

Please fill out this form and return to your school with payment (Cheque or EMT only). **Please check or circle on the item.** Our kitchen does process seafood, meat, and egg. Please notify us any food allergies of your child prior to ordering. The school and Libby's Kitchen are not responsible for any allergic reaction that the hot lunch may cause. Food safety is always our priority.

Allergies: **Yes, Please specify** _____ **No**

Cancellation:

Please kindly notify us if there is any cancellation through email or phone. Changes or cancellation of lunches must be received by Libby's Kitchen by *9am of the delivery*. Parents are responsible for notifying us if your child will be away due to sickness or school activities. Paid amount will be credited to next order.

Payment Information: Cheque or EMT only. Email Transfer to libbykitchen@outlook.com

Libby's Note:

We aim to provide fresh and seasonal food. Libby's Kitchen reserves the right to substitute certain ingredient without further notice. Should you have any question, please do not hesitate to contact us at 778-886-0096 or libbykitchen@outlook.com. Your business is highly appreciated!

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