

Libby's Kitchen Menu (May. 2019 / 2019年5月)

Childcare : _____

Student: _____

Total Meal : _____

Parents Contact: _____

Total Amt : _____

		Wed. 1		Thur. 2		Fri. 3					
Week 1	A		A	Riceball w/ Shreded Pork 海苔肉松饭团	A	Sweden Meatball Mac&Cheese 瑞典肉丸通粉	A	Sweet & Sour Meatball 糖醋丸子			
	B		B	Braised Tofu & Carrot 红烧豆腐胡萝卜	B	Vegetarian Meatball 素丸子	B	TW Minced Pork 台式卤肉			
	C		C	Spaghetti w/ Meat sauce 番茄肉酱意面	C	Beef Fried Noodles 牛肉炒面	C	Tofu Ball 豆腐丸子			
	D		D	Beef Fried Rice 牛肉炒饭	D	Egg Fried Rice 鸡蛋炒饭	D	Chicken Japanese Fried Noodles 鸡肉日式炒面			
		Mon. 6		Tue. 7		Wed. 8		Thur. 9		Fri. 10	
Week 2	A	Japanese Curry Chicken 日式咖喱鸡	A	Sweet & Sour Fish 咕咾鱼肉球	A	Baked Cheese Meat Sauce w/ Rice 芝士肉酱焗意饭	A	Mushroom Bacon Pasta 蘑菇培根奶油意面	A	Teriyaki Chicken 照烧鸡	
	B	Pumpkin Tofu 南瓜豆腐	B	Cheese Chicken Wrap 芝士鸡肉卷	B	Stir-fried Mushroom & Beancurd 香菇烧腐竹	B	Stir-fried Celery & Bean Curd 西芹豆干	B	Teriyaki Tofu 照烧豆腐	
	C	Spaghetti w/ Meat sauce 番茄肉酱意面	C	Egg Salad Sandwich 鸡蛋沙拉三明治	C	Tuna & Corn Sandwich 吞拿鱼玉米三明治	C	Beef Taco 墨西哥牛肉卷	C	Ham Fried Rice 扬州炒饭	
	D	Ham Fried Rice 扬州炒饭	D	Chicken Fried Rice 鸡肉炒饭	D	Chicken Fried Noodles 鸡肉炒面	D	Pineapple Fried Rice 菠萝炒饭	D	Beef Japanese Fried Noodles 牛肉日式炒面	
		Mon. 13		Tue. 14		Wed. 15		Thur. 16		Fri. 17	
Week 3	A	Stir-fried Chicken w/ Sauce 酱爆鸡丁	A	Spaghetti w/ Meat sauce 番茄肉酱意面	A	Stir-fried Chicken w/ Corn 鸡丁玉米粒	A	Braised Chicken (Boneless) 台式三杯鸡	A	Cheese Chicken Wrap 芝士鸡肉卷	
	B	Scrambled Egg w/ Tomato 番茄炒蛋	B	Teriyaki Tofu 照烧豆腐	B	Stir-fried Carrot Potato w/ Onion 洋葱土豆胡萝卜片	B	Stir-fried Corn & Carrot 黄金玉米胡萝卜粒	B	Stir-fried Tofu 三鲜豆腐	
	C	Sweet & Sour Pork 咕咾肉	C	Ham Fried Rice 扬州炒饭	C	Mushroom Bacon Pasta 蘑菇培根奶油意面	C	Spaghetti w/ Meat sauce 番茄肉酱意面	C	Ham Fried Rice 扬州炒饭	
	D	Beef Fried Noodles 牛肉炒面	D	Beef Japanese Fried Noodles 牛肉日式炒面	D	Pineapple Fried Rice 菠萝炒饭	D	Japanese Riceball 日式饭团	D	Beef Fried Noodles 牛肉炒面	
		Mon. 20		Tue. 21		Wed. 22		Thur. 23		Fri. 24	
Week 4	A	Victoria Day	A	Taiwanese Minced Pork 台式卤肉	A	Grill Chicken Leg (Boned) 香焗鸡腿(带骨)	A	Beef Taco 墨西哥牛肉卷	A	Sweet & Sour Meatball 糖醋丸子	
	B		Cheese Chicken Wrap 芝士鸡肉卷	B	Stir-fried Veggies 地三鲜	B	Egg Corn Salad Sandwich 鸡蛋玉米沙拉三明治	B	TW Minced Pork 台式卤肉		
	C		Egg Corn Salad Sandwich 鸡蛋玉米沙拉三明治	C	Spaghetti w/ Meat sauce 番茄肉酱意面	C	Spaghetti w/ Meat sauce 番茄肉酱意面	C	Tofu Ball 豆腐丸子		
	D		Chicken Fried Rice 鸡肉炒饭	D	Beef Fried Rice 牛肉炒饭	D	Pineapple Fried Rice 菠萝炒饭	D	Chicken Japanese Fried Noodles 鸡肉日式炒面		
		Mon. 27		Tue. 28		Wed. 29		Thur. 30		Fri. 31	
Week 5	A	Korean Beef Bibimbap 韩式牛肉拌饭	A	Pork Chop in Tomato Sauce 茄汁猪扒	A	Bacon Mac & Cheese 培根芝士通心粉	A	Cheese Chicken Wrap 芝士鸡肉卷	A	Teriyaki Chicken 照烧鸡	
	B	Stir-fried Tofu 三鲜豆腐	B	Teriyaki Tofu 照烧豆腐	B	Scrambled Egg w/ Tomato 番茄炒蛋	B	Stir-fried Carrots w/ Beans 胡萝卜炒青豆	B	Teriyaki Tofu 照烧豆腐	
	C	Spaghetti w/ Meat sauce 番茄肉酱意面	C	Ham Fried Rice 扬州炒饭	C	Ham Fried Rice 扬州炒饭	C	Spaghetti w/ Meat sauce 番茄肉酱意面	C	Ham Fried Rice 扬州炒饭	
	D	Chicken Fried Rice 鸡肉炒饭	D	Beef Japanese Fried Noodles 牛肉日式炒面	D	Beef Fried Noodles 牛肉炒面	D	Ham Fried Rice 扬州炒饭	D	Beef Japanese Fried Noodles 牛肉日式炒面	

Lunch served with main dish, and Fruit cup/Yogurt/Cookie/Juice/Corn Salad. 午餐除主菜外, 另配水果杯/酸奶/曲奇/果汁/玉米沙拉。



Libby's Kitchen locates at 1101# 11871 Horseshoe Way, Richmond BC. We are dedicating in making lunch box packed with freshly made hot lunch for daycare, elementary and secondary school students. We believe that a good hot lunch program not only provides delicious meal to students, but also reduce parent's effort in making and delivering lunch every day. An efficient hot lunch program could also lower traffic on campus during lunchtime.

Our menu is carefully designed in compliance with The Guidelines for Food and Beverage Sales in BC & School Meal and School Nutrition Program Handbook to ensure nutrients intake and food variation.

It usually contains two hot dishes with rice, a fruit cup or a snack. We use materials from Sysco, quality single-used lunch box, and biodegradable forks and spoons. Our hot lunch is MSG and Nuts Free. Libby's chefs have over 30 years of experience in the industry.

Libby's Hot Lunch Registration Form

Please fill out this form and return to your school with payment (See the back page). **Please check or circle on the item.** We also accept electronic submission to libbykitchen@outlook.com. Our kitchen does process seafood, meat, and egg. Please notify us any food allergies of your kid prior to ordering. The school and Libby's Kitchen are not responsible for any allergic reaction that the hot lunch may cause. Food safety is always our priority.

Allergies: **Yes, Please specify** _____ **No**

Cancellation:

Please kindly notify us if there is any cancellation through email or phone. Changes or cancellation of lunches must

Payment Information: Cash Only

Libby's Note:

We aim to provide fresh and seasonal food. Libby's Kitchen reserves the right to substitute certain ingredient

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