

Libby's Kitchen Menu (Apr. 2019 / 2019年4月)

School : _____

Student: _____

Total Meal : _____

Parents Contact: _____

Total Amt : _____

		Mon. 1	Tue. 2	Wed. 3	Thur. 4	Fri. 5
Week 1	A	Stir-fried Chicken w/ Sauce 酱爆鸡丁	Teriyaki Chicken 照烧鸡	Stir-fried Beef w/ Onion 洋葱牛肉	Tuna & Corn Sandwich 吞拿鱼玉米三明治	Stir-fried Beef w/ Carrots 胡萝卜炒牛肉
	B	Sweet & Sour Pork 咕咾肉	Teriyaki Tofu 照烧豆腐	Scrambled Egg w/ Tomato 番茄炒蛋	Egg Salad Sandwich 鸡蛋沙拉三明治	Teriyaki Tofu 照烧豆腐
	C	Egg Fried Rice 鸡蛋炒饭	Spaghetti w/ Meat sauce 番茄肉酱意面	Bacon Mac & Cheese 培根芝士通心粉	Chicken Fried Noodle 鸡肉炒面	Ham Fried Rice 扬州炒饭
	D	Beef Fried Noodles 牛肉炒面	Beef Japanese Fried Noodles 牛肉日式炒面	Chicken Fried Noodle 鸡肉炒面	Sweet & Sour Pork 咕咾肉	Beef Japanese Fried Noodles 牛肉日式炒面
		Mon. 8	Tue. 9	Wed. 10	Thur. 11	Fri. 12
Week 2	A	Stir-fried Minced Pork w/ Corn 肉末玉米	Sweet & Sour Meatball 糖醋丸子	Korean Beef Bibimbap 韩式牛肉拌饭	TW Minced Pork 台式卤肉	Bacon Mac & Cheese 培根芝士通心粉
	B	Stir-fried Potato/Onion/Carrot 洋葱土豆胡萝卜片	Spaghetti w/ Meat sauce 番茄肉酱意面	Tofu Ball 豆腐丸子	Sweet & Sour Pork 咕咾肉	TW Minced Pork 台式卤肉
	C	Lemon Chicken 柠檬鸡	Egg Salad Sandwich 鸡蛋沙拉三明治	Cheese Chicken Wrap 芝士鸡肉卷	Beef Fried Noodles 牛肉炒面	Tofu Ball 豆腐丸子
	D	Pork Fried Noodle 猪肉丝炒面	Chicken Fried Rice 鸡肉炒饭	Pineapple Fried Rice 菠萝炒饭	Chicken Fried Rice 鸡肉炒饭	Chicken Japanese Fried Noodles 鸡肉日式炒面
		Mon. 15	Tue. 16	Wed. 17	Thur. 18	Fri. 19
Week 3	A	Stir-fried Chicken w/ Sauce 酱爆鸡丁	Teriyaki Chicken 照烧鸡	Tuna & Corn Sandwich 吞拿鱼玉米三明治	Stir-fried Beef w/ Onion 洋葱牛肉	Good Friday
	B	Sweet & Sour Pork 咕咾肉	Teriyaki Tofu 照烧豆腐	Egg Salad Sandwich 鸡蛋沙拉三明治	Stir-fried Potato/Onion/Carrot 洋葱土豆胡萝卜片	
	C	Teriyaki Tofu 照烧豆腐	Spaghetti w/ Meat sauce 番茄肉酱意面	Lemon Chicken 柠檬鸡	Spaghetti w/ Meat sauce 番茄肉酱意面	
	D	Beef Fried Noodles 牛肉炒面	Beef Japanese Fried Noodles 牛肉日式炒面	Pork Fried Noodle 猪肉丝炒面	Pineapple Fried Rice 菠萝炒饭	
		Mon. 22	Tue. 23	Wed. 24	Thur. 25	Fri. 26
Week 4	A	Easter Monday	Sweet & Sour Meatball 糖醋丸子	TW Minced Pork 台式卤肉	Tuna & Corn Sandwich 吞拿鱼玉米三明治	Stir-fried Minced Pork w/ Corn 肉末玉米
	B		Beef Fried Noodles 牛肉炒面	Mexican Beef Taco 墨西哥牛肉卷	Egg Salad Sandwich 鸡蛋沙拉三明治	Teriyaki Tofu 照烧豆腐
	C		Egg Salad Sandwich 鸡蛋沙拉三明治	Pineapple Fried Rice 菠萝炒饭	Spaghetti w/ Meat sauce 番茄肉酱意面	Ham Fried Rice 扬州炒饭
	D		Chicken Fried Rice 鸡肉炒饭	Veggie Fried Noodles 素炒面	Lemon Chicken 柠檬鸡	Beef Japanese Fried Noodles 牛肉日式炒面
		Mon. 29	Tue. 30			
Week 5	A	Stir-fried Chicken w/ Sauce 酱爆鸡丁	Teriyaki Chicken 照烧鸡			
	B	Sweet & Sour Pork 咕咾肉	Teriyaki Tofu 照烧豆腐			
	C	Egg Salad Sandwich 鸡蛋沙拉三明治	Spaghetti w/ Meat sauce 番茄肉酱意面			
	D	Beef Fried Noodles 牛肉炒面	Beef Japanese Fried Noodles 牛肉日式炒面			

Lunch served with main dish, and Fruit cup/Yogurt/Cookie/Juice/Corn Salad. 午餐除主菜外, 另配水果杯/酸奶/曲奇/果汁/玉米沙拉。



Libby's Kitchen locates at 1101# 11871 Horseshoe Way, Richmond BC. We are dedicating in making lunch box packed with freshly made hot lunch for daycare, elementary and secondary school students. We believe that a good hot lunch program not only provides delicious meal to students, but also reduce parent's effort in making and delivering lunch every day. An efficient hot lunch program could also lower traffic on campus during lunchtime.

Our menu is carefully designed in compliance with The Guidelines for Food and Beverage Sales in BC & School Meal and School Nutrition Program Handbook to ensure nutrients intake and food variation.

It usually contains two hot dishes with rice, a fruit cup or a snack. We use materials from Sysco, quality single-used lunch box, and biodegradable forks and spoons. Our hot lunch is MSG and Nuts Free. Libby's chefs have over 30 years of experience in the industry.

Libby's Hot Lunch Registration Form

Please fill out this form and return to your school with payment (See the back page). **Please check or circle on the item.** We also accept electronic submission to libbykitchen@outlook.com. Our kitchen does process seafood, meat, and egg. Please notify us any food allergies of your kid prior to ordering. The school and Libby's Kitchen are not responsible for any allergic reaction that the hot lunch may cause. Food safety is always our priority.

Allergies: **Yes, Please specify** _____ **No**

Cancellation:

Please kindly notify us if there is any cancellation through email or phone. Changes or cancellation of lunches must

Payment Information: Cash Only

Libby's Note:

We aim to provide fresh and seasonal food. Libby's Kitchen reserves the right to substitute certain ingredient

Libby's Kitchen 1101-11871 Horseshoe Way, Richmond BC
604-370-1682 778-886-0096 libbykitchen@outlook.com
www.libbyskitchen.ca