

Libby's Kitchen Menu (Mar. 2019 / 2019年3月)

School : _____

Student: _____

Total Meal : _____

Parents Contact: _____

Total Amt : _____

								Fri. 1			
Week 1	A		A		A		A	A	Sweet & Sour Meatball 糖醋丸子		
	B		B		B		B	B	Tofu Ball 豆腐丸子		
	C		C		C		C	C	Chicken Fried Noodles 鸡肉炒面		
	D		D		D		D	D	Chicken Fried Rice 鸡肉炒饭		
		Mon. 4		Tue. 5		Wed. 6		Thur. 7		Fri. 8	
Week 2	A	Stir-fried Beef w/ Onion 洋葱牛肉	A	Teriyaki Chicken 照烧鸡	A	Bacon Mac & Cheese 培根芝士通心粉	A	TW Minced Pork 台式卤肉	A	Teriyaki Chicken 照烧鸡	
	B	Scrambled Egg w/ Tomato 番茄炒蛋	B	Teriyaki Tofu 照烧豆腐	B	Ham Fried Rice 扬州炒饭	B	Beef Fried Noodles 牛肉炒面	B	Teriyaki Tofu 照烧豆腐	
	C	Sweet & Sour Pork 咕咾肉	C	Spaghetti w/ Meat sauce 番茄肉酱意面	C	Lemon Chicken 柠檬鸡	C	Tuna & Corn Sandwich 吞拿鱼玉米三明治	C	Ham Fried Rice 扬州炒饭	
	D	Pineapple Fried Rice 菠萝炒饭	D	Beef Fried Noodles 牛肉炒面	D	Spaghetti w/ Meat sauce 番茄肉酱意面	D	Egg Salad Sandwich 鸡蛋沙拉三明治	D	Beef Japanese Fried Noodles 牛肉日式炒面	
		Mon. 11		Tue. 12		Wed. 13		Thur. 14		Fri. 15	
Week 3	A	Bacon Mac & Cheese 培根芝士通心粉	A	Stir-fried Minced Pork & Corn 肉末玉米	A	Cheese Chicken Wrap 芝士鸡肉卷	A	Stir-fried Beef & Carrots 胡萝卜炒牛肉	A	TW Minced Pork 台式卤肉	
	B	Tofu Ball 豆腐丸子	B	Stir-fried Veggies 地三鲜	B	Cheese Stick Veggie Wrap 芝士条蔬菜卷	B	Scrambled Egg w/ Tomato 番茄炒蛋	B	Sweet & Sour Meatball 糖醋丸子	
	C	Spaghetti w/ Meat sauce 番茄肉酱意面	C	Tuna & Corn Sandwich 吞拿鱼玉米三明治	C	Sweet & Sour Pork 咕咾肉	C	Bacon Mac & Cheese 培根芝士通心粉	C	Tofu Ball 豆腐丸子	
	D	Beef Fried Rice 牛肉炒饭	D	Egg Salad Sandwich 鸡蛋沙拉三明治	D	Teriyaki Chicken 照烧鸡	D	Japanese Fried Noodle 日式炒面	D	Chicken Fried Noodles 鸡肉炒面	
		Mon. 18		Tue. 19		Wed. 20		Thur. 21		Fri. 22	
Week 4	A	Stir-fried Beef w/ green pepper 青椒牛肉	A	Lemon Chicken 柠檬鸡	A	TW Minced Pork 台式卤肉	A	Bacon Mac & Cheese 培根芝士通心粉	A	Stir-fried Minced Pork & Corn 肉末玉米	
	B	Mashed Potato & Cheese Stick 芝士条土豆泥	B	Tuna & Corn Sandwich 吞拿鱼玉米三明治	B	Beef Burger 牛肉汉堡	B	Mac & Cheese 素芝士通心粉	B	Scrambled Egg w/ Tomato 番茄炒蛋	
	C	Mashed Potato & Meatball 瑞士肉丸土豆泥	C	Egg Salad Sandwich 鸡蛋沙拉三明治	C	Sweet & Sour Pork 咕咾肉	C	Spaghetti w/ Meat sauce 番茄肉酱意面	C	Cheese Chicken Wrap 芝士鸡肉卷	
	D	Chicken Fried Noodles 鸡肉炒面	D	Spaghetti w/ Meat sauce 番茄肉酱意面	D	Japanese Fried Noodle 日式炒面	D	Pineapple Fried Rice 菠萝炒饭	D	Beef Fried Noodles 牛肉炒面	
		Mon. 25		Tue. 26		Wed. 27		Thur. 28		Fri. 29	
Week 5	A	Korean Beef Bibimbap 韩式牛肉拌饭	A	Cheese Chicken Wrap 芝士鸡肉卷	A	Pork Chop in Tomato Sauce 茄汁猪扒	A	Braised Chicken (Boneless) 三杯鸡	A	Sweet & Sour Meatball 糖醋丸子	
	B	Scrambled Egg w/ Tomato 番茄炒蛋	B	Cheese Stick Veggie Wrap 芝士条蔬菜卷	B	Stir-fried Veggies 地三鲜	B	Teriyaki Tofu 照烧豆腐	B	Tofu Ball 豆腐丸子	
	C	Sweet & Sour Pork 咕咾肉	C	Stir-fried Beef w/ Onion 洋葱牛肉	C	Spaghetti w/ Meat Sauce 肉酱意面	C	Mashed Potato & Cheese Stick 芝士条土豆泥	C	Rice Ball w/ Shredded Pork 海苔肉松饭团	
	D	Pineapple Fried Rice 菠萝炒饭	D	Egg Fried Rice 鸡蛋炒饭	D	Ham Fried Rice 扬州炒饭	D	Beef Fried Rice 牛肉炒饭	D	Beef Fried Noodles 牛肉炒面	

Lunch served with main dish, and Fruit cup/Yogurt/Cookie/Juice/Corn Salad. 午餐除主菜外, 另配水果杯/酸奶/曲奇/果汁/玉米沙拉。



Libby's Kitchen locates at 1101# 11871 Horseshoe Way, Richmond BC. We are dedicating in making lunch box packed with freshly made hot lunch for daycare, elementary and secondary school students. We believe that a good hot lunch program not only provides delicious meal to students, but also reduce parent's effort in making and delivering lunch every day. An efficient hot lunch program could also lower traffic on campus during lunchtime.

Our menu is carefully designed in compliance with The Guidelines for Food and Beverage Sales in BC & School Meal and School Nutrition Program Handbook to ensure nutrients intake and food variation.

It usually contains two hot dishes with rice, a fruit cup or a snack. We use materials from Sysco, quality single-used lunch box, and biodegradable forks and spoons. Our hot lunch is MSG and Nuts Free. Libby's chefs have over 30 years of experience in the industry.

Libby's Hot Lunch Registration Form

Please fill out this form and return to your school with payment (See the back page). **Please check or circle on the item.** We also accept electronic submission to libbykitchen@outlook.com. Our kitchen does process seafood, meat, and egg. Please notify us any food allergies of your kid prior to ordering. The school and Libby's Kitchen are not responsible for any allergic reaction that the hot lunch may cause. Food safety is always our priority.

Allergies: **Yes, Please specify** _____ **No**

Cancellation:

Please kindly notify us if there is any cancellation through email or phone. Changes or cancellation of lunches must

Payment Information: Cash Only

Libby's Note:

We aim to provide fresh and seasonal food. Libby's Kitchen reserves the right to substitute certain ingredient

Libby's Kitchen 1101-11871 Horseshoe Way, Richmond BC
604-370-1682 778-886-0096 libbykitchen@outlook.com
www.libbyskitchen.ca